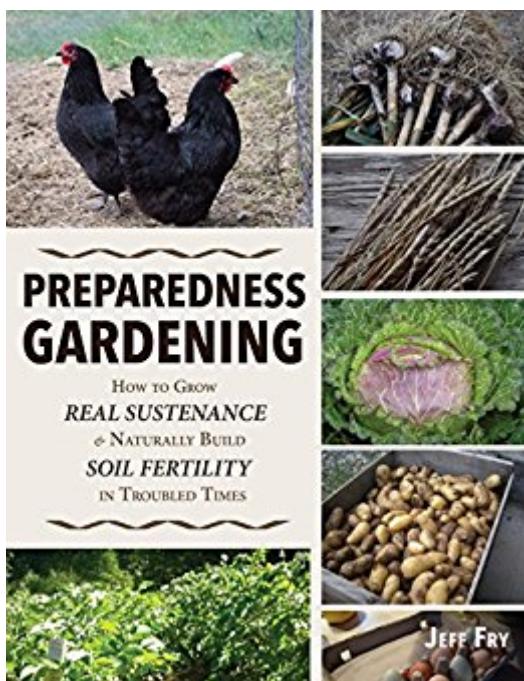


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Preparedness Gardening: How To Grow Real Sustenance And Naturally Build Soil Fertility In Troubled Times



Synopsis

Without question, we live in dangerous and unprecedented times. We are inching towards the biggest economic rearrangement in history — which is threatening enough on its own — on top of risks of civil unrest, international war, severe weather and natural disasters, terrorist or cyber attacks, and more. Against these, our centralized, just-in-time food delivery system, dependent upon a fragile web of power grids and telecommunication networks, is extremely vulnerable. If civilization is indeed nine meals away from anarchy, there is no question that food preparedness in our troubled times is vital. When it comes to producing our own food, there are few books that address self-reliant gardening. Almost invariably, contemporary gardening books are written for market gardening or pleasure gardening, neither of which is interested in developing food resiliency in the face of crises. Preparedness Gardening meets that need by outlining how to garden for the purpose of food preparedness so that we can have that crucial stock of fresh food to see us through a food shortage and/or to significantly offset our grocery costs in economically hard times. Preparedness Gardening also addresses how to create a garden, big or small, for the first time and how to build and regenerate soil health by using the power of bio-mimicry and the soil foodweb — incredibly promising knowledge from the soil-science frontier that any grower will value — all interwoven with a preparedness point of view and a minimalist approach. This book is a must-read for gardeners sensing the need for a new local-food renaissance that sees individuals, families, and communities take back far greater control of their food supply in the pursuit of security, independence, and health.

Book Information

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Customer Reviews

An author with a bibliography and actual references to back him up?! I know, unheard of in digital books these days! This was the first book on preparedness that I have read to use correct grammar throughout, as well as to cite where the information comes from. I enjoyed learning new concepts such as what a traditional diet is, and why soaking beans and grains is important. Thank you Mr. Fry for teaching me something new and having citations to lead me further in my journey!

This book is a great read for someone thinking of starting a garden or who has a garden which I will get into later. It doesn't matter the size of the garden as the tips are for gardens less than 500 sq. ft. to farm size. It explains different gardens, such as lasagna garden, keyhole garden, and raised beds, to name a few. It also goes into optimizing water by use of swales and shaping the garden and what to plant on the sunnier, hotter side vs. the cooler moister side. There is also irrigation, yields, and so much more. I found the chapters on the soil most interesting. After all, if the soil isn't right then it doesn't much matter how your garden is shaped or what you planted, it won't grow strong or produce well. Many different materials are covered that can be added to the soil to obtain the proper macronutrients level and it also covers how to keep it that way by use of cover crops. A lot of useful information is given in the book on a wide variety of gardening right down to the plants. And although it is for someone starting a garden since it starts with breaking the ground, I just ignored the first chapter and found very useful information in it even though my garden is an existing one that works well for me. If my garden didn't work well, I would have found the different types of gardens in the first chapter just as interesting as well. The book is short (65 pages on my kindle) and doesn't go into everything in a step by step explanation. In other words, it doesn't tell you that when you plant a potato to dig a hole, place the plant in the hole, cover around the plant with dirt, however it does tell you spacing, even dry spacing and what the plants should yield. So it does take into account you do know something instead of wasting time and space on unnecessary directions. It tell you enough that you know what to do, materials or tools needed, and the concept of how to do it.

Also included are pros and cons of different techniques. Something I haven't seen before in the other gardening books that this one covers is nutritional needs and diet which would really be useful for Preppers. Ideals on what to do with the produce once harvested and what to watch out for to avoid swing in your sugar levels. Although they are not true recipes explaining every cup or teaspoon, telling me that the author boils it and then adds butter is pretty much all that is needed for anyone with any kind of experience in the kitchen to be able to re-create. Another welcoming and unusual thing I found is the rather lengthy Bibliography at the end. Although this book doesn't cover every type of garden possible and every aspect for gardening, it is full of useful information for anyone thinking of or having a garden and I do highly recommend it.

Excellent book! I am a long time gardener and also interested in being able to self sustain. This book covers things like nutritional needs and ratio's of planting to meet daily food requirements, not just hobby gardening. I hope the author will consider expanding this book into a larger and printed reference manual as it would be a good resource in any prepper's printed library. Thank you also for the reference sources at the end of this kindle book as I will definitely look into them further. Highly recommended.

This book is excellent. The advice is well documented with a complete bibliography at the end for further advice and documentation. He shows that growing enough calories with proper nutrition can be done inexpensively and on a relatively small piece of property or large yard. Furthermore, with further adaptation, I believe his advice could be applied to more urban areas like the city of Detroit, where there are larger tracts of land being cleared of abandoned housing. A very low tech approach, but practical.

This book goes enough in depth to explain why certain plants and animals are beneficial to your survival. He goes into planning, preparation and execution of a successful garden or small farm. With this book you can make good decisions best suited to your needs. I recommend this book to others.

Should be required reading for anyone preparing for an uncertain future. A gentle humor blended with knowledge and experience made for a most enjoyable read.

My favourite book for gardening no matter where I will live!!

Great book for unique ideas for gardening. I will keep copy around for reference. Unique ideas for gardening. I like it alot.

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